

31 July 2025

Commissioner of Road Safety
Road Safety Commission
PO Box 6348
EAST PERTH WA 6892

National Heart Foundation
of Australia
ABN 98 008 419 761

334 Rokeby Rd
Subiaco
WA 6008
T: 13 11 12

Dear Commissioner Warner,

Re: Support for the Perth Inner City Group's application for grant funding to implement 40km/h Slower Speeds

I am writing to provide support from the National Heart Foundation (the Heart Foundation) for the Perth Inner City Group's initiative, and grant funding application, to implement a lower speed limit within designated inner-city residential areas.

Our recent national survey, '[What Australia Wants: Neighbourhood design](#)' (June 2025)¹ has identified that 65% of respondents support the reduction of speed limits in neighbourhood areas. Further to this, 78% of survey respondents who have children aged between 9-11 years are supportive of reduced speed limits.

The proposed Inner City Perth slower speed project aligns with the Heart Foundation's 25-year vision to create environments and systems that enable healthy behaviours, including walking, wheeling and bike riding.² The built and natural environments, together with transport mode choice, can play a significant role in helping people engage in regular physical activity, reducing their risk of developing cardiovascular disease.³

Fast-moving vehicular traffic is a barrier to walking, wheeling and bike riding.⁴ Globally, many cities are reducing speed limits in local neighbourhood areas to improve road safety outcomes and enable opportunities for active transport through physical activity across all ages.⁵

I note the recent introduction of reduced speed limits in the City of Vincent and believe the introduction of this initiative across other Perth Inner City areas will contribute positively to Perth's liveability, health and wellbeing goals.

I look forward to your response on the Perth Inner City Group's application for grant funding, and hope that it will be favourable.

Yours sincerely,



Dr Helena Viola
General Manager, WA

References

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2. Australia NHFo. *Health for Every Heart: A generational vision for heart health in Australia 2025-2050*. 2025. Accessed 28 July 2025.
3. Laddu D, Paluch AE, LaMonte MJ. The role of the built environment in promoting movement and physical activity across the lifespan: Implications for public health. *Progress in Cardiovascular Diseases*. 2021/01/01/ 2021;64:33-40. doi:<https://doi.org/10.1016/j.pcad.2020.12.009>
4. Organization WH. *Walking and cycling: latest evidence to support policy-making and practice*. 2022. Accessed 28 July 2025.
5. Yannis G. ME. Review of City-Wide 30 km/h Speed Limit Benefits in Europe. *Sustainability*. 2024;16(11):4382doi:<https://doi.org/10.3390/su16114382>